

MEMORANDUM

TO : ALL REGIONAL DIRECTORS

SUBJECT : **Monitoring of Health Status of Personnel
Due for Mandatory Training**

DATE : 30 May 2012

1. References:

- a. Minutes of the Meeting dated 23 May 2012; and
- b. List of Personnel Due for Mandatory Training for CY 2013

2. In this regard, records reveal that a significant number of our personnel due for mandatory training are requesting for deferment for health reasons. To minimize, if not stop this practice, this Directorate shall furnish you a year in advance, the list of trainees for CY 2013 whose health status must be closely monitored.

3. To this end, direct the following concerned officers to undertake the below-mentioned tasks for its successful reduction, viz:

a. Regional Health Service Officer and/or Unit Medical Staff - Oversee the target personnel's health status and fitness intervention such as regular attendance to physical fitness programs, lifestyle change, etc.;


b. HRDD Personnel - Secure from the concerned Health Officer a copy of the following on the first quarter of implementation and quarterly progress report thereafter, to be attached in the personnel's 201 file:

- b.1. Medical Certificate with corresponding restrictions
- b.2. Stress Test of hypertensive personnel
- b.3. Attendance to the Regular Physical Fitness Program in their respective unit
- b.4. Recommended Diet for diabetic, hypertensive, etc.

c. Warden - religiously implement physical fitness program for all personnel and monitor their compliance especially those who are scheduled for schooling.

4. For strict compliance.

BY AUTHORITY OF THE OIC, BJMP:


CESAR F. BALDERAS, DSC
Jail Senior Superintendent
Officer-in-Charge, BJMP